



Northside Community Centre YMCA | Facility Schedule | August 6 – August 30, 2019

Location Address
 6391 76 Street
 Red Reer, AB T4P 3E9
 403-967-YMCA (9622)

Hours of Operation
 Monday to Thursday: **7:30am-8:00pm**
 Friday: **7:30am-9:00pm**

Holiday Hours
 Aug 5: **CLOSED**

Group Fitness	Drop in \$7	10 Punch Pass \$60	One Class Registered Summer Session \$48	
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Childminding is available for all group fitness classes including 15 mins before and after class.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bootcamp 9:00-10:00am (S)	Step 9-10am (S)	Cyclefit 9-10am (S)	Kickboxing 9-10am (S)	HIIT 9-10am (S)
	Kickboxing 6-7pm (S)		Cyclefit 6-7pm (S)	
Yoga 7-8pm (S)		Strength 7-8pm (S)		

Recreational Sports and Youth Centre

OPEN GYM	\$4 Drop In	10 Punch Pass \$34 includes Youth Centre		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:30-3:30pm 6:00-8:00pm	1:30-3:30pm 6:00-8:00pm	1:30-3:30pm 6:00-8:00pm	1:30-3:30pm 6:00-8:00pm	1:30-3:30pm TEEN NIGHT (12-17yrs) 6:00-9:00pm

YOUTH CENTRE	\$4 Drop In	10 Punch Pass \$34 includes Open Gym		
1:30-3:30pm 6:00-8:00pm	1:30-3:30pm 6:00-8:00pm	1:30-3:30pm 6:00-8:00pm	1:30-3:30pm 6:00-8:00pm	1:30-3:30pm TEEN NIGHT (12-17yrs) 6:00-9:00pm

Childminding	\$5.25/hour	10 Punch Pass \$4.70/ hour		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:45-10:15am 6:45-8:15pm	8:45-10:15am 5:45-7:15pm	8:45-10:15am 6:45-8:15pm	8:45-10:15am 5:45-7:15pm	8:45-10:15am



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Getting
is Good

Giving
is Better

Be a donor.

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