

General Pool Entry Rules (See Membership Desk for more details)

Children 0-7 must have a parent/guardian present at arms reach **in the pool** while attending general swim (does not apply for children 3-7yrs in unparented lesson). Qualified children 8+yrs will be given wrist bands when they arrive at the membership desk so they may swim unparented. Children under 8yrs and without wristbands, who are unattended will be asked to exit the pool while parents are located.

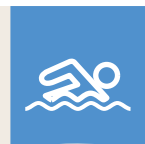


SWIMMING AND AQUATICS SPRING I & II, 2017
northernalberta.ymca.ca/WestwoodYMCA

221 Tundra Drive | 780 790-YMCA(9622) **WESTWOOD FAMILY YMCA**

REGISTERED AND DROP-IN SWIM LESSONS

Drop-In Swim Lessons



Parent and Tot (0-3yrs)
 Adult, Teen and Adaptive swim lessons are now drop-in.

See schedule below.

Adult Fitness Lane Swimming



At least one lane is **ALWAYS** open!

During swimming lessons, adults only in lane swimming. Children and weak swimmers will be evaluated by a lifeguard for lane swimming and use of deep end.

Spring I Session March 6 – April 30

Spring II Session May 1 – June 25

Pool Hours

Monday – Friday | 7am-9pm

Saturday & Sunday | 9am-6pm

Statutory Holidays | 10am-6pm

Spring/Easter Break - Monday, April 10 – Monday, April 17
 Victoria Day (one day only) - Monday, May 22

NOTE: Reporting absences on these days is not required as all participants will be automatically excused. To report an absence for another day and maintain your spot, please fill out the online form at: northernalberta.ymca.ca/swimabsence

Drop-In Aquatics - Westwood Family YMCA
 Parent and Tot, Adult, Adaptive and Teen

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		12:30-1pm Parent and Tot (WW-Pool)			10-10:30am Parent and Tot (WW-Pool)	
		5-5:30pm Adaptive (WW-Pool)			1:30-2pm Adult (WW-Pool)	
		5:30-7pm Private (WW-Pool)			1:30-2pm Teen (WW-Pool)	
		7-7:30pm Adult (WW-Pool)			1:30-2pm Private (WW-Pool)	

SPRING I & II IN-PERSON ONLY REGISTRATION DATES



MEMBERS

ALL SESSIONS
 FREE with membership
 5pm Feb 14, 2017

PUBLIC (NON-MEMBERS)

SPRING I SESSION
 \$57 for 7 weeks
 5pm Feb 28, 2017

SPRING II SESSION
 \$66 for 8 weeks
 5pm Apr 18, 2017

WESTWOOD SESSIONAL SWIM LESSONS

MEMBER REGISTRATION: SPRING I & II FEBRUARY 14, IN-PERSON ONLY, 5PM

NON-MEMBER REGISTRATION: SPRING I FEBRUARY 28, SPRING II APRIL 18, IN-PERSON ONLY, 5PM

DATE	TIME	BOBBERS	FLOATERS	GLIDERS	DIVERS	SURFERS	DIPPERS	OTTER	SEAL	DOLPHIN	SWIMMER	STAR 1-7
TUE	5:00 PM	BOBBERS	FLOATERS									1, 2
	5:30 PM			GLIDERS	DIVERS			OTTER	SEAL			3, 4
	6:00 PM	BOBBERS	FLOATERS	GLIDERS	DIVERS					DOLPHIN	SWIMMER	
	6:45 PM							OTTER	SEAL	DOLPHIN	SWIMMER	1
	7:15 PM							OTTER	SEAL			5, 6, 7
WED	9:30 AM	BOBBERS	FLOATERS									
	10:00 AM	BOBBERS	FLOATERS									
	10:30 AM			GLIDERS	DIVERS							
	11:00 AM	BOBBERS	FLOATERS									
	11:30 AM		FLOATERS	GLIDERS								
	1:00 PM			GLIDERS	DIVERS							
THU	5:00 PM	BOBBERS	FLOATERS	GLIDERS	DIVERS							
	5:30 PM					SURFERS	DIPPERS					
	6:00 PM	BOBBERS	FLOATERS	GLIDERS	DIVERS						SWIMMER	
	6:45 PM	BOBBERS	FLOATERS					OTTER	SEAL	DOLPHIN	SWIMMER	1
	7:15 PM							OTTER	SEAL	DOLPHIN	SWIMMER	1
SAT	10:00 AM		FLOATERS					OTTER	SEAL		SWIMMER	1, 2
	10:30 AM	BOBBERS	FLOATERS	GLIDERS	DIVERS							3, 4, 5
	11:00 AM	BOBBERS	FLOATERS	GLIDERS	DIVERS			OTTER	SEAL			
	11:30 AM	BOBBERS	FLOATERS	GLIDERS	DIVERS	SURFERS	DIPPERS			DOLPHIN		
	12:30 PM	BOBBERS	FLOATERS	GLIDERS	DIVERS						SWIMMER	1, 2
	1:00 PM	BOBBERS	FLOATERS						OTTER	SEAL	DOLPHIN	