



2017 REPORT TO THE COMMUNITY

The YMCA of Northern Alberta's new five-year strategic plan, *Transforming Our Communities*, brings focus to the work accomplished over the past 110 years: promoting health and wellbeing; helping children, youth and families thrive; fostering belonging and connection; and providing opportunities for all.

With the support of hundreds of donors and the income derived from approximately \$4.2 million in assets held by The Edmonton YMCA Foundation, YMCA employees, members, and committed volunteers are creating communities where reaching one's potential is every person's right.

Donors to The Edmonton YMCA Foundation help ensure the continued success of the YMCA of Northern Alberta in a special way. By endowing their gifts through the Foundation, these donors ensure

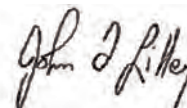
stable funding that will impact lives for generations to come... a legacy that lives forever.

To enable this support, the Board of The Edmonton YMCA Foundation continues to prudently steward the endowed funds entrusted to its care and to work with donors to realize their vision for strong kids, healthy families, and thriving communities for their children, grandchildren, and great-grandchildren.

We extend our sincere appreciation to all our donors, volunteers, and Heritage Club Members. Your generous support ensures the YMCA continues to serve the ever-changing needs of our community and all that we serve are empowered to flourish in an inclusive, supportive environment.



Nick Parkinson, President and CEO
YMCA of Northern Alberta



John Lilley, Chair of the Board
The Edmonton YMCA Foundation

Endowment Funds support a wide variety of needs such as life-enriching YMCA programs and assisting children, youth, and families in need.

Bill Rees YMCA Community Programs

1907 – 2007 Centennial Trust

Archie M. Langille Trust Fund

Eldon and Phyllis Fowler Fund

Len Dolgoy and Catherine Miller Trust Fund

Housing Support Programs

Rebecca Suen Fund for the Homeless

Sam Gabriel Trust Fund

Youth and Community Programs

Lammerink Family Fund

William Lutsky Trust Fund

Youth and Community Endowment Fund Jean-Louis Cloutier

Awards and Scholarships

Al Maydonik Trust Fund

Bennett Clarke Memorial Scholarship Fund

Del Dilkie Leadership Fund

Edwin S. Cook Leadership Fund

Franco and Barbara Savoia Star-Builder Scholarship Fund

Grant and Irene Duncan Family Fund

YMCA Programs - Health, Fitness & Aquatics

Jill Zimmerman Memorial Fund

Larry Pollock Youth Recreation Fund

Patricia Ellen (Pattey) Ready Memorial Fund

William Weir Memorial Fund

Other

Literacy Endowment Fund

Matthew Peddle Memorial Fund for Children with Disabilities

Michael Zolf Trust Fund

Robert J. Turnbull Trust Fund

Tim Melton Fund

Wilfred Oliver (Mac) McLean Trust Fund

Emerging Funds

Bill Rees Memorial Fund

Cecil and Helen Paull Scholarship Fund

David Nathan Kushner Memorial Fund

Liz and Jeremy Herbert Endowment Fund

Ron Coulombe "Joy of Asking" Legacy Award

Y's Men's Trust Fund



Received in Contributions
\$153,260



223
Total Number of Heritage Club Members

Total Assets

\$4.2 Million

Summarized Financials *Highlights for the year ended March 31, 2017*

- Total Assets: \$4.2 million (2016 - \$3.78 million)
- Received in contributions: \$153,260 (2016 - \$89,085)
- Return on pooled investments*: 7.55% (weighted benchmark: 8.79%) (2016: 0.65%)
- 10-year return on investments*: 5.53% (weighted benchmark: 5.16%) (2016: 5.57%)
- Investment income: \$261,704 (2016 - \$986)
- Distributions made at the March 31, 2017 year-end to support YMCA of Northern Alberta and international program initiatives were 4.75% or \$177,700, with 1.25% (\$47,000) allocated to the 2017 program year and 3.5% (\$130,700) allocated to 2018 program year. There was no distribution recorded for the Foundation's year ended March 31, 2016.

*net of investment custodial and management fees

For a copy of the audited financial statements, contact Leona Yez at lyez@northernalberta.ymca.ca or 780 499-3627.

The Edmonton YMCA Foundation Awards and Scholarships were presented during the YMCA of Northern Alberta's Thanks for Giving event on October 26, 2016.

Franco and Barbara Savoia Star-Builder Scholarship Fund . . . Trevor Roberts
Bennett Clarke Memorial Scholarship . . . Marie Bolianatz
Ron Coulombe "Joy of Asking" Legacy Award . . . Helen Ha
Edwin S. Cook Leadership Award . . . Tammy Goodwin
N. Allen "Al" Maydonik Leadership Award . . . Bogota exchange

"I am very grateful to have been chosen to receive the Bennett Clarke Memorial Scholarship. It has contributed to my success in my passionate aspiration of becoming a great police officer to better the lives of troubled youth." – Marie Bolianatz



From Left to Right: Helen Ha, Tammy Goodwin, and Marie Bolianatz.
Missing from photo: Trevor Roberts

Endowment Support Enables Growth in Spirit, Mind, and Body

Laurie, a 22 year-old single mom, knew what she wanted: a better place to live, a job, and a better life for her two-year-old daughter, "I want to set a good example for my daughter. I want her to look up to me and say to her friends, I want to be like my mom."

The challenge was moving from knowing what she wanted to do to actually achieving her goals. Then Laurie learned about Family Allies, a program that supports at-risk families by helping them set goals and guiding them toward safe, secure, and appropriate housing as well as income stability and healthy family functioning.

"There is a gap in programs that work with families before they end up homeless," explains Jackie McGowan, Manager of the YMCA Welcome Village. "We started Family Allies when we saw a need within the community."

Over the course of a year, a Housing Support Worker connected with Laurie on a weekly basis and met face-to-face with her once a month. Laurie learned how to help herself by accessing the resources she needed and drawing on coping skills to deal with stress in her life.

"Often people fall through the cracks because they don't qualify for this or can't find that," says Jackie. "We help them navigate the system to access the help they need."

Laurie says, "Family Allies gave me a push in the right direction. My worker gave me contacts for landlords; told me this person is hiring; suggested I go to this workshop or that job fair. . . she helped me with so many things because I didn't know where to reach out."

Laurie has now completed her year in Family Allies and has achieved many of her goals. She and her daughter have moved out of the room they were renting and into a comfortable apartment of their own. She's found child care for her daughter and is available to work again. Her long-term goal is to become a social worker.

Family Allies is partially funded through distributions made by The Edmonton YMCA Foundation.

"[Without Family Allies] I'd probably still be at square one," Laurie says. "Instead, my life has completely turned around."

Heritage Club Dinner

Recognizing Heritage Club Members

The Edmonton YMCA Foundation Heritage Club recognizes individuals who have contributed to the Y's endowment funds and/or made provisions for a future gift to the Foundation through a bequest, life insurance, or other planned gift.

All contributions to the Foundation are endowed, meaning the principal of the gift is invested and, each year, a portion of the annual investment income supports YMCA of Northern Alberta programs. Any remaining income is reinvested in the fund to help the fund continue to grow.

Building Tomorrow Together

One of our greatest aspirations in life is to make a difference in the lives of people around us – to leave a lasting, positive mark on our community. Join us today! Become a member of the Heritage Club and leave a legacy that lives forever.

How Do I Make A Planned Gift?

A planned gift can help you achieve your philanthropic objectives far beyond what you might be able to do during your lifetime. While there are a number of options we could discuss, the most common ways of making a legacy gift are through your will, a life insurance policy, RRSP/RRIF designation, or a current gift of cash or securities.

We would be pleased to provide you with additional information to assist you in your planning. Please contact:

Leona Yez, Manager, Planned Giving

200, 10211 - 105 ST NW, Edmonton, AB T5J 1E3

780 499.3627 | lyez@northernalberta.ymca.ca

The Edmonton YMCA Foundation

Registered Charity # 89061 5974 RR0001

"Thank You!" to each of our Heritage Club Members for making the YMCA a priority in your estate plan:

Allard Foundation Ltd*
Margaret Allen*
Charles & Lara Amerongen
Martin* & Angela Anderson
Anonymous (5)
Dianne & Mike Assaly
Stan° & Mary° Asselstine*
Joan & Monty Baker
Bob & Ruth Bentley
Reg D.* & Glenys Berry
Marek & Jolanta Biel
Rick & Debbie Boyd
Brad & Michelle Brindza
Janet Brown
Ron Brown* & Judy Harcourt
Michael & Michelle Bull
William K. Butler*
Jack & Sylvia° Chetner
Jacquelin Chiasson & Tammy Goodwin
Roy Chobotuck°
Murial Clarke°
John-Louis & Vivian Cloutier
Ed° & Pat° Cook
John Corlett & Beverly Boudreau
Ron & Brenda Coulombe*
Dean Cross & Holly Lazar-Cross
Jean Crozier & Ron McKague°
Sandi Darrell
Fred Delay°
Roger Delbaere & Lynette Husum
Del Dilkie
Eddie Dixon
Fred° & Norah Dobing*

Len Dolgoy & Catherine Miller
John & Una Doyle
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Grant & Irene Duncan
Pat Eidem
Herb° & Jeanette Ellis
Joan & Jim Fargey
Robert J.° & Anna K. Fee
Gerry & Carol Feist
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Phyllis & Eldon° Fowler
Sam Friedman°
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Susan & Brian Hall
Colin Hatcher
Gord & Joanne Hearn
Jeremy & Liz Herbert
Dr. Albert E. (Bert) Hohol
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Terry & Karin Johnston
Doug Jones°
Gary & Joanne Jones
Heather Kennedy-Peddle & Jerry Peddle
Allan & Sharon Kerr*
Terry & Charlene Kilburn*
Gord & June° King
Glenna & Quinn Klaver
Mitch Klimove
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Ivor & Meike Lammerink

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Joanne LaVergne
Harvey & Rose Anne Lawton
John Lilley & Eileen Guilfoyle*
Aart & Judy Looye
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Irvine & Faye McKee
Rod & Heleen McLeod
Frank° & Gail McMillan*
Angel McVittie
Tim Melton*
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Shauna Miller
Jack & Marilyn Mulkins°
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Charlie & Sue Nunn
Esther Ondrack*
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Nick & Jodi Parkinson
Toddy & Anne Parkinson
Helen° & Cecil Paull*
Phil & Barb Payne
Larry & Joanne Pollock
Helen Ready°

Art° & Mildred° Reddon
William Rees°*
Al Reynolds
Dwayne & Salwa Samyia
Franco & Barbara° Savoia
Robert C. Schaller°
Joleen & Allen Schmitt
John & Jacqueline Scivoletto
Dan & Mary Slaght
Courtney & Sandra Smith
Donald R.° & Mona° Smith
Wylie & Lesley Stafford
Bill & Mary Jane Stewart
George W. Strange°
Bob Tatz
Mary Thomas
Jean-Jacque & Mary Anne Tremblay
Janet & Jerry Tryhuba
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Carol & Greg Wagar
Bill° & Betty Lou Weir*
Wanda Wetterberg°
Irene Wood
Donna & Ron Worthington
Leona & Don Yez
Harold° & Betty Zimmerman
Michael Zolf°

° DECEASED | * CHARTER MEMBERS

Every effort has been made to ensure the names listed are correct. If any mistakes have been made, please accept our sincere apologies and let us know at giving@northernalberta.ymca.ca so we can correct for future recognition.