

From our kitchen to yours



Herbed Italian Chicken

Courtesy of ATCO Blue Flame Kitchen

Ingredients:

¼ cup	Italian salad dressing	½ tsp	Oregano, crumbled
¼ cup	mayonnaise	¼ tsp	Rosemary, crumbled
1 tsp	Basil, crumbled	4	Boneless skinless chicken breasts

Directions:

Preheat oven 375°F (190 °C)

Combine all ingredients except chicken.

Place chicken in a single layer in a greased shallow baking dish.

Do not overcrowd pan.

Pour salad dressing mixture over chicken.

Bake, uncovered, at 375°F (190 °C), basting occasionally, for 35-40 minutes or until chicken is cooked through.

Serves: 4

