

Preschool, Child & Youth

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Childminding for 0-5 years						
This pre-booked service is included with your child's membership and offers you the chance to utilize YMCA programs and services while your children enjoy a safe, interactive and fun environment! Call 780.930.2322 to Book. Included for members, \$7/visit for non-members						
830am-130pm 4-8pm	8am-12pm 4-8pm	830am-130pm 4-8pm	9am-12pm 4-8pm	830am-12pm	9am-12pm	
"Kids Club" drop-in for 5-12 years						
5-8pm	5-8pm	5-8pm	5-8pm		9am-12pm	
"Purposeful Play" Preschool registered Preschool Program for 3-5 years						
9-11am Monday to Friday						
Registered & Drop-In Programs						
Sportball (3-5yrs) 1-2pm (G)	YMCA Sport & Recreation Programs – ages 5-12 Members only \$10 for 8 weeks (Basketball, Soccer & Volleyball)					Literacy Learners 1 (Grades 4-6) 9-10:30am (C)
Sportball (3-5yrs) 2-3pm (G)					YMCA Dance (3-5yrs) 10-10:45am (MPR)	Literacy Learners 2 (Grades 4-6) 11-12:30pm (C)
Basketball (5-12yrs) 4-6pm (G)	Soccer (5-12yrs) 4-6pm (G)		Tae Kwon Do (6yrs+) 4:30-5:30pm (MPR)		YMCA Dance (5-9yrs) 11-11:45pm (MPR)	Kids in the Kitchen (4-5yrs) 11am-12pm (K)
	Tae Kwon Do (6yrs+) 4:30-5:30pm (MPR)	Basketball (5-12yrs) 4-6pm (G)	Volleyball (7-12yrs) 4-6pm (G)			Kids in the Kitchen (5-9yrs) 12:15-1:45pm (K)
		Judo Beginner (Children) 6-7pm (MPR)		LIT Program 6-8pm (MPR)	Basketball (5-7yrs) 1-1:55pm (G)	Soccer (9-12yrs) 1-1:55pm (G)
		Judo Returning (Children) 7-8pm (MPR)		Girls Only (12-17yrs) 7-8pm (G)	Basketball (7-9yrs) 2-2:55pm(G)	Basketball (9-12yrs) 2-2:55pm(G)
	Youth Floor Hockey (12-17yrs) 7:30-9pm (1/2 G)	Youth Soccer (12-17yrs) 7:30-9pm (1/2 G)	3x3 Youth Basketball 7:30-8:30pm (G)	Teen Night (12-17yrs) 7-10pm (G)		
Judo Advanced (Children) 7-8pm (MPR)		Judo Advanced (Children) 8-9:45pm (MPR)				Judo (Children) 1:15 -3:45pm (MPR)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM						
11:15am-12:45pm 3:15-3:45pm 8:30-11:30pm	5:30-7:45am 2:30-3:45pm 7:30-11:30pm	7:15-7:45am 3:15-3:45pm 7:30-9pm	7:45am-8:45am 12:15-3:45pm 10:30-11:30pm	7:15-8:45am 2:30-11:30pm	7-8am 3:15pm-8:45pm	7:15-7:45am 3:15-8:45pm

ROOM & PROGRAM LOCATIONS

(G) Gymnasium | (MPR) Multi Purpose Room | (S) Studio | (WOC) Workout Centre | (C) Classroom | (MP) Main Pool | (TP) Teach Pool | (K) Kitchen



northernalberta.ymca.ca

Jamie Platz FAMILY YMCA

HEALTH, FITNESS & AQUATICS SCHEDULE

Winter & Spring Sessions
January 7 – June 23, 2019

7121 178 St NW
Edmonton, AB T5T 5T9
(780) 481-YMCA (9622)

Hours of Operation

Monday to Friday: **5:30am-11:30pm**

Weekends & Holidays: **7am-9pm** *Pool Closes at 8:45pm

*Aquatic Facilities Now Open Until 11pm Weekdays!

Statutory Holidays

April 19th *Good Friday*

May 20th *Victoria Day*



WE BELIEVE THAT EVERY KID
DESERVES A CHANCE
TO REACH THEIR POTENTIAL!
northernalberta.ymca.ca/donate



YMCA
**STRONG
KIDS**
CAMPAIGN

Building healthy communities