

# From our kitchen to yours



## Apple Cinnamon Oatmeal Cakes

*PREP TIME: 10 min    COOK TIME: 30 min    TOTAL TIME: 50 min    YIELDS: 12 muffins*

### Ingredients:

2 cups	rolled oats	1/4 cup	unsweetened apple sauce
1/4 cup	packed brown sugar	1/2 cup	raisins
1 tsp	baking powder	1/4 cup	chopped walnuts
1 1/2 tsp	cinnamon	1	apple, peeled and chopped into 1/2" pieces
1/4 tsp	salt		
1	large egg		
1 1/2 cup	milk of choice		

### Directions:

Preheat oven to 350F. Spray a 12-count muffin pan with nonstick spray or use cupcakes liners.

In a large bowl, combine oats, brown sugar, baking powder, cinnamon and salt

In a separate bowl, whisk together egg, milk and applesauce

Add the wet ingredients to the dry ingredients and mix thoroughly

Fold in the apple, raisins and nuts

Spoon mixture into each muffin cup

Bake for 25 - 30 minutes, or until the tops are golden brown

After removing from the oven, let the cakes cool for 10 minutes before removing from the pan.

